

# Padres Gay y Madres Lesbianas

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## Parentalidad y diversidad familiar

(Parenting and family diversity)

María Dolores Frías-Navarro  
*Associate Professor*  
University of Valencia  
SPAIN

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*\*Dra. María Dolores Frías Navarro. Dpto. de Metodología. Facultad de Psicología. Avda. Blasco Ibáñez, 21. 46010 Valencia.*

*E-mail: [M.Dolores.Frias@uv.es](mailto:M.Dolores.Frias@uv.es). WEB: <http://www.uv.es/~friasnav/>*

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**PALABRAS CLAVE:** HOMOFOBIA, HETEROSEXISMO, HOMONEGATIVIDAD, HETERONORMATIVIDAD, PATERNIDAD, HOMOSEXUAL, GAY, LESBIANA, CREENCIAS, ACTITUDES, PARENTALIDAD, HOMOPARENTOFOBIA, FAMILIA

**KEY WORDS:** HOMOPHOBIA, HETEROSEXISM, HOMONEGATIVITY, HETERONORMATIVITY, PARENTING, HOMOSEXUAL, GAY, LESBIAN, BELIEFS, ATTITUDES, PARENTING, PARENTHOMOPHOBIA, FAMILY

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The diversity of family structures characterizes to the society of the 21st century where the traditional family lives together with reconstituted families, single parent or families with gay parents or lesbians mothers. The children can be fruit of the natural conception, adopted, foster or thanks to the techniques of the assisted reproduction. In our investigation we centre us in the homoparental family and the adoption. Until some decades ago, the majority of the children of homoparental families were fruit of previous heterosexual relations. With the development of the techniques of assisted reproduction and the possibility of the adoption, is increasingly more high the gay couples' number and lesbians that plan jointly to be parents or decide it as single parents or even like the foster parents. A noticeable number of investigations indicate the quality parental of said families, not detecting in the children you differentiate statistical in the quality of the family relations, in its psychological adjustment and in the quality of its social relations. Nevertheless, the problems of stigmatization are emphasized that yes can affect al equilibrium of the family. Our work has two objectives. In the first place to undertake the situation of the relation that has the homoparentality with the psychological adjustment of the children and in second place, to analyze how the family with gay parents and lesbians mothers is perceived and its role of adopted parents.

In July of 2004, the American Psychological Association has adopted two resolutions where is opposed to any discrimination to the couples of the same sex to opt al marriage, to the adoption, to the visits and custody of the children, to the reception and to the services of assisted reproduction,

urging the psychologists to keep in mind said considerations at the moment of to exercise its professional task.

### **Beliefs about same-sex parenting: causes of homosexuality**

The issue of same-sex parenting is controversial. This preliminary investigation assessed psychology students' beliefs toward homosexual parents and their children. The study included 266 students of Psychology (University of Valencia, Spain). The aim of this investigation is to report a study that investigated the beliefs of psychological students towards lesbians and gay parents and the causes of homosexuality. Previous research has demonstrated that those who believe that homosexuality is genetically or biologically caused have less negative attitudes towards gays and lesbians than those who believe it is learned, acquired or chosen. Overall, the findings showed fewer homophobic beliefs than were anticipated. Those who held congenital belief expressed more positive attitudes towards homosexuality than those who believed that homosexuality was acquired. The role played beliefs about the causes of homosexuality should consider changing attitudes (Frías, Pascual, Monterde y Montejano, 2006).

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**E**l cambio en la vida familiar tradicional y la convivencia de diversas estructuras familiares caracterizan a la sociedad del siglo XXI. Junto al matrimonio convencional conviven otras estructuras familiares. Las parejas o uniones de hecho con hijos, familias con padres gay o madres lesbianas, familias que adoptan, familias con padres procedentes de diferentes culturas o razas, familias monoparentales, nuevas familias creadas después de anteriores matrimonios, familias de acogida, familias donde los abuelos hacen de padres de sus nietos, familias donde los hijos hacen de padres de sus padres o familias con hijos fruto de la reproducción asistida. Si además tenemos en cuenta que entre las estructuras de familia numeradas anteriormente son posibles interacciones (como por ejemplo madre lesbiana sola que adopta o madre heterosexual con hijo de anterior matrimonio que con una nueva pareja tiene un hijo gracias a la fertilización *in vitro*) entonces las posibilidades de convivencia familiar sólo tienen una respuesta: *diversas*. Entre la diversidad de estructuras familiares sobresale un punto en común que es la **parentalidad**. El objetivo de nuestro trabajo es abordar qué caracteriza a la parentalidad y qué variables están relacionadas con la competencia parental, tratando de dar respuesta a la importancia de los procesos familiares y su relación con el ajuste infantil.



**Q**ué evidencia ha encontrado la investigación sobre los efectos de la paternidad gay y lesbiana ¿Existen pruebas que señalen diferencias sustantivas en el ajuste psicológico entre los niños criados y educados por padres gay y madres lesbianas y los que han recibido su formación en una familia de padres heterosexuales? ¿Qué actitudes mantiene la sociedad ante el homosexual y la pareja homosexual? ¿Se acepta la adopción por homosexuales? Todas estas cuestiones necesitan un análisis que aporte una visión de la realidad social de las parejas de homosexuales con sus derechos y necesidades personales y familiares.

Probablemente nunca antes los homosexuales habían sido tan aceptados y respetados como en la actualidad. Hoy en día reconocer la homosexualidad se ha convertido en un acto sin connotaciones de estigmatización que anteriormente sí determinaba el etiquetaje negativo del individuo y su aislamiento del grupo social. Se acepta la homosexualidad o al menos no está bien visto criticar a los homosexuales por su propia condición. Del mismo modo que no está bien visto ser racista o no ser ecologista. Sin embargo, esa imagen social de las actitudes ¿coincide con la verdadera opinión y valoración que se realiza en ambientes más íntimos? ¿Se acepta la adopción por homosexuales? Si la homosexualidad es algo natural y válido debe ser igualmente aceptable otorgar a los homosexuales todos los derechos y consideraciones que al individuo heterosexual. Ser criado por padres homosexuales no debe implicar problemas añadidos al proceso de educación. Nuestra investigación tiene como principal objetivo identificar las falsas actitudes que se mantienen sobre la homosexualidad. En concreto se analiza la valoración que se realiza sobre el ajuste emocional, cognitivo y afectivo de los niños que son educados por padres homosexuales.

#### **Creencias sobre la parentalidad de parejas del mismo sexo: causas de la homosexualidad**

La temática de la parentalidad por padres del mismo sexo es controvertida. Nuestra investigación mide las creencias de los estudiantes de psicología hacia los padres homosexuales y sus hijos. El estudio incluye 266 estudiantes de Psicología (Universidad de Valencia, España). El principal propósito de nuestra investigación es investigar sus creencias hacia los padres gay y las madres lesbianas y su relación con las atribuciones que realizan sobre las causas de la homosexualidad. Los resultados de la literatura señalan que cuando se realizan atribuciones sobre un origen genético o biológico de la homosexualidad entonces las actitudes son menos negativas que cuando se cree que la homosexualidad es aprendida, adquirida o elegida. En términos generales, los resultados de nuestra investigación señalan puntuaciones bajas en el constructo

homofobia, tal y como se plantea en las hipótesis. Además, aquellos que creen que la homosexualidad es genética manifiestan actitudes más positivas hacia la homosexualidad que los que creen que es una conducta aprendida (Frías, Pascual, Monterde y Montejano, 2006).

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### Homoparentalidad



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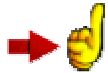


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- ◆ [GLBTQ Information Site](#) Espacio que contiene mucha información y trabajos completos.

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Developed by **Dolores Frías** (*Associate Professor*) (Revised, 14/05)

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